



LONDON CONSULTANTS' ASSOCIATION

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**** A Seminar for Private Medical Secretaries ****

This meeting will be on **Wednesday 31st January 2007** at **6.30 pm** in the **5th Floor Boardroom of The Wellington Hospital South**, Wellington Place, London NW8.

This will be an opportunity to meet your secretarial colleagues in what we hope will be an informative but also pleasant social get together (free admission for secretaries of LCA members).

**** Programme ****

“FITNESS FOR WORK”

- 6.30 pm Cocktail Reception
- 6.55 pm Introduction – Dr. Abina O’Callaghan
- 7.00 pm Pilates at Work
Suzanne Mauer, The Australian Physiotherapy and Pilates Institute
- 7.15 pm What do **you** eat for lunch?
Erica Jankovich, Consultant Dietician
- 7.30 pm Shaping Up, How to Look Healthy.
Bryan Mayou, Consultant Plastic Surgeon
- 7.45 pm Discussion
- 8.00 pm Buffet Supper



Registration form

**** A Seminar for Private Medical Secretaries ****

I wish to attend the meeting Yes No

Name _____

Email _____ Telephone _____

Name of Consultant and specialty _____

Is he/she a paid up LCA Member? Yes No

Please return this form to Miss L. Hulks, Administrator, London Consultants' Association, 14 Queen Anne's Gate, London SW1H 9AA, fax to 020 7222 4424 or e-mail to linda@london-consultants.org