



LONDON CONSULTANTS' ASSOCIATION

14 Queen Anne's Gate, London SW1H 9AA
tel 020 7222 0975 fax 020 7222 4424
email info@london-consultants.org

**** A Seminar for Private Medical Secretaries ****

Tuesday 11th November 2008 - 6 pm to 8 pm

**5th Floor Boardroom of the Wellington Hospital South
Wellington Place, London NW8.**

This will be an opportunity to meet your secretarial colleagues in what we hope will be an informative but also pleasant social get together (free admission for secretaries of LCA members). This is likely to be a very popular meeting so send in your registration form **NOW**.

**** Programme ****

"Connecting Conversations"

6.00 pm Cocktail Reception

6.30 pm Buffet Supper

7.00 pm Introduction by Dr. Abina O'Callaghan to an interactive session with
"Su Kingsley - Executive and Leadership Coach"

Su Kingsley - Meet our Expert Speaker

My goal is to help individuals and organisations become more effective. I work with organisations providing consultancy, project management and facilitation; and with individuals using coaching and mentoring models. My clients come from the public, private, charitable and voluntary sectors. I believe that releasing the passion of people in the business is the key that unlocks change and leads to the way forward. As a coach I work with leaders and teams to identify and achieve their goals, purpose and aspirations, creating improved performance, and removing blocks to progress.

This session will enable you to make your meetings with colleagues and consultants and your interactions with patients more satisfying and more effective. You will be learning how to

Build deeper connections, gain your colleagues' trust and build their confidence in you

Identify and use language that generates greater understand

Discover the difference between people who love detail and those who like "blue skies" - and how recognising this makes all the difference in connecting!

I started my career in the NHS and Public Sector where I ultimately held roles as Board and Non-Executive Director. I have extensive experience of leading and negotiating change in complex organisations and across multi-agency partnerships. Since leaving the NHS in 1997 I established STRAD Consulting to provide management and leadership consultancy and coaching.

Music is another important element of my life - I am a passionate amateur musician playing violin and viola in a number of orchestras and chamber ensembles. I aim to integrate the different aspects of my own life in the same way as I work with clients to get the balance you want in your life.

I am an accredited coach with (and member of) the International Coaching Federation (ICF) and completed the NLP European Coach certificated training with ITS (Ian McDermott) in 2006. I hold the NLP Master Practitioner qualification and am a Graduate of the Newfield 'Mastery in Coaching' programme. I belong to the UK Association for Coaching. I also have a diploma in Business Coaching from Newcastle College, and a certificate in Coaching for Performance from City University.



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Registration form - A Seminar for Private Medical Secretaries

**** A Seminar for Private Medical Secretaries ****

Tuesday 11th November 2008 at 6 pm

I wish to attend the meeting

Name _____

Email _____ Telephone _____

Name of Consultant and specialty _____

Is he/she a paid up LCA Member? Yes No

Confirmation will be emailed to you nearer the date of the meeting.

**Please return this form by post to
Miss L. Hulks,
Administrator,
London Consultants' Association,
14 Queen Anne's Gate,
London
SW1H 9AA**

or

Fax to 020 7222 4424

or

E-mail to linda@london-consultants.org